

A Prayer of Thanksgiving

I celebrate and appreciate those who love me
and those who have come into my life
for me to be able to demonstrate my Love.
You are a blessing for which I am grateful.

I celebrate and appreciate my friends,
co-workers and companions in my life.
You are a blessing for which I am grateful.

I celebrate and appreciate the beauty of this earth
and I vow to pay more attention to the
gifts that beauty bestows on my life.
These are blessings for which I am grateful.

I celebrate and appreciate my life.
It is a great blessing for which I am grateful.

During the Thanksgiving holiday,
as I move through the events and activities of my life,
I continue this prayer by offering up a thought of gratitude
and appreciation for any blessing I perceive,
whether great or small, as
I demonstrate an attitude of gratitude.

To the Divine Source of Light, Love and Power
that has created and continues to create the world in which I live,
I offer up my prayer of Thanksgiving
knowing my love and my blessings flow endlessly for me.

I rejoice that I am the recipient of such grace,
such love and such joy.

